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Let it never be said that real men can't cook. In fact, not only do we believe that they can, we're giving you and 59 other men an opportunity to prove it – Real Men Can Cook!

This is an exciting new fundraising event organized by the City of Waterloo and Waterloo Fire Rescue that invites men throughout the community to come together and show off their cooking skills in support of an important cause – KidsAbility. This inaugural event will be held on Saturday, April 28th, 2007 at Waterloo Inn with all proceeds going to support the important work of KidsAbility. We are also very excited to announce that Neil Aitchison, will be joining us as Master of Ceremonies for this event.

We invite you to join 59 other men in creating a dish of your choice. That dish will then be sampled by professional chefs, and awards will be given for the Real Men Can Cook Chef of the Year and the Real Men Can Cook People's Choice Award.

If you are up for the challenge, complete and return the attached confirmation form. Say yes, and here's what you'll have to look forward to:

- ❶ 60 chefs in total – preparing a dish for 50 people
- ❷ Real Men Can Cook 2007 Cookbook including all of the recipes from the evening
- ❸ A complimentary signature apron and hat as a souvenir of the evening
- ❹ Complimentary tickets for you and your guest
- ❺ Cocktail hour prior to event for all chefs
- ❻ Wonderful entertainment throughout the evening ending with a night of dancing

Please return the attached form by email or fax to Barb Parker at bparker@city.waterloo.on.ca or fax to 519-747-8727.

We are really excited about this great event and hope we can count on you to be a part of it. We look forward to your response.

Sincerely,

Anne Barry
RMCC Co-Chair

Richard Hepditch
RMCC Co-Chair





Chef Response Form

Your name: _____

Address: _____

City: _____ Postal Code: _____

Home Telephone: _____ Business Telephone: _____

Email Address: _____ Fax: _____

- YES !! I would love to be a Real Men Can Cook Chef. I understand that I will be notified with further details regarding this event. Returning this form confirms my participation and that I will forward my recipe by March 1st for inclusion in the Real Men Can Cook cookbook.

- I am unable to attend, however I would like to have a recipe in the Real Men Can Cook cookbook. I will forward my recipe by March 1st for inclusion in the Real Men Can Cook cookbook.

- I am unable to participate this year but would like to be contacted for future events.

- I am unable to participate but would like to show my support for KidsAbility. Please include a cheque made out to the City of Waterloo and state that it is in support of KidsAbility.

Please return form to Barb Parker at bparker@city.waterloo.on.ca
Or fax to 519-747-8727



Master of Ceremonies



Neil Aitchison

A career in broadcasting has taught our speaker that laughter is not only fun, but necessary for surviving and thriving in today's changing times.

Neil Aitchison is a popular speaker, M.C., actor, former broadcast executive and radio personality.

He will share a few laughs, some honest reflections on life and clearly demonstrate how you can cope with life's constant changes and stresses by exercising your humour option.

Born in Harriston, Ontario, Neil was the first graduate of Conestoga College in Kitchener, and lives in Waterloo with his first wife, Helen. When not speaking, he is kept busy as the Senior Manager of Market Development for **Melloul-Blamey Construction**, one of Ontario's largest and most diversified construction firms. Previously, he spent 6 years as Director of Development for Drayton Entertainment, one of Canada's most successful theatre companies.

Neil is involved in a number of community events, activities and associations. He is a charter member of the Kitchener Westmount Rotary Club and has twice been named a Paul Harris Fellow, Rotary's highest award for community service in December 1991 and August 1999. In November 2002, Neil was the recipient of the Queen's Golden Jubilee Medal for having made a significant contribution to Canada at home or abroad.

Represented by
Speakers' Spotlight
1-800-333-4453



Background Information

KidsAbility – Centre for Child Development is one of twenty-two Children’s Treatment Centres in Ontario and was established by Kitchener and Waterloo Rotarians in 1957 to help children with disabilities. KidsAbility serves over 3,500 children with special needs in Waterloo Region and Wellington County at our locations in Waterloo, Cambridge, Guelph and Fergus.

Our Mission

KidsAbility, in partnership with families and communities, cultivates the potential of children and young adults who have developmental, physical and communication disabilities.

Our Vision

Potential Realized.

Human Resources

KidsAbility employs approximately 180 professional staff, including occupational therapists, physiotherapists, speech language pathologists, and social workers. Over 300 volunteers donate time and talent to KidsAbility each year.

Some Conditions We Treat: Cerebral Palsy, Spina Bifida, Downs Syndrome, Autism (up to the age of 6), neuromuscular conditions, cognitive and motor impairments, perinatal at risk, and speech delays or disabilities (up to the age of 5).

KidsAbility Foundation

Annual “Kids Can’t Wait” Campaign

KidsAbility receives government funding, primarily through the Ministry of Children and Youth. Each year, KidsAbility Foundation raises over \$800,000 through its fundraising efforts in the community with its “Kids Can’t Wait” Campaign. These funds support programs and services at KidsAbility that are not fully funded. Your support can provide a new-found level of independence, for example, by giving a child the sense of mobility that comes with riding a modified bike, participating in sports activities in our community, or communicating with others. Your support of the Real Men Can Cook event will directly benefit our kids and assist them to reach their potential.

For more information or to arrange a tour:

Lisa Talbot, Executive Director
KidsAbility Foundation
500 Hallmark Drive
Waterloo, ON N2K 3P5
Phone: 886-8886 ext. 201
Email: ltalbot@kidsability.ca

